

## Biological effects of ATRA and Arsenic Trioxide on short term cultures of non-M3 leukemic blasts

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### Abstract

The efficacy of All-Trans Retinoic Acid (ATRA) and Arsenic Trioxide ( $As_2O_3$ ) in the treatment of Acute Promyelocytic Leukemia (APL) is well known. Further, these drugs inhibit cell growth and induce apoptosis in several cell lines, but few data are reported on leukemic blasts.

The aim of this study was to evaluate the biological effects on non-M3 Acute Myeloid Leukemia (AML) cells. Blasts of six patients, after exposition to ATRA and  $As_2O_3$  were tested for growth inhibition, induction of apoptosis and change in cell cycle distribution, evaluating cell viability, percentage of apoptotic cells and of blasts positive for Ki-67 and BrdU. In the present study we demonstrated that either ATRA or  $As_2O_3$  inhibit leukemic cells proliferation by induction of apoptosis. The effects are time and dose dependent. We did not observe additive or synergistic effects with the combination of the drugs. Further, our results showed that ATRA and  $As_2O_3$  have effects on cell cycle distribution reducing S-phase and proliferating cells. These results should be taken in to account preparing future laboratory and clinical experimental protocols that associate these drugs with antineoplastic agents with different cell cycle specificity.

**Keywords:** *ATRA, arsenic trioxide, non-M3 leukemic blasts, growth inhibition, apoptosis, cell cycle*

### Introduction

All-Trans Retinoic Acid (ATRA) is effective for induction of complete remission (CR) in Acute Promyelocytic Leukemia (APL) [1–4]. ATRA acts to circumvent the differentiation block of APL cells by targeting PML-RAR $\alpha$  chimeric receptor and activating the gene expression network necessary for cell differentiation [5]. The drug acts by inducing apoptosis and also down-regulates the expression of bcl-2 [6]; this gene is a modulator of apoptosis that antagonizes apoptotic cell death. *In vivo*, ATRA exerts antitumoral effects in combination with IFN- $\alpha$ , in other malignancies [7–8] and inhibits cell growth in different cell lines [9–13]. Studies *in vitro* have also shown effects of ATRA alone or in combination with chemotherapeutic agents in non-M3 Acute Myeloid Leukemia (AML) cells [14–17].

Recently, Arsenic Trioxide ( $As_2O_3$ ), an ancient drug used in traditional Chinese Medicine attracted

wide interest for its ability to induce CR in most patients with APL [18–21]. APL is uniquely sensitive to  $As_2O_3$ , which degrades the PML-RAR $\alpha$  fusion protein characteristic of the disease, promoting differentiation.  $As_2O_3$  may have a similar effect on fusion proteins in other malignancies [22]. *In vitro* studies have shown in APL cells that  $As_2O_3$  exerts dose-dependent dual effects: it triggers apoptosis at higher concentrations with a strong down-regulation of the bcl-2 [23] and induces a partial differentiation at lower concentrations [24].  $As_2O_3$  shows these activities not only in untreated patients but also in patients resistant to chemotherapy and ATRA [25].  $As_2O_3$  has also been shown to induce apoptosis and inhibit cell growth in malignant lymphoid cell lines [26–28], in cells from patients with myeloma [29], in chronic myelogenous leukemia cells [30] and in cells from patients with non-M3 AML [31]. These data suggest the ability of  $As_2O_3$  to induce apoptosis

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not only in APL. Several reports showed evidence that the activation of caspases family are involved in As<sub>2</sub>O<sub>3</sub>-induced apoptosis [26,32]. *In vitro* studies on arsenic resistant NB4 cells showed that ATRA and As<sub>2</sub>O<sub>3</sub> synergize for induction of differentiation and apoptosis and cells resistant to one agent are sensitive to the other [33].

The aim of this study was to evaluate, *in vitro*, the biologic effects of ATRA and As<sub>2</sub>O<sub>3</sub> on myeloid blasts from patients with non-M3 AML. Therefore, we have investigated cellular growth, apoptosis and cell cycle distribution induced by these drugs, utilized either alone or in combination.

## Materials and methods

### Patients and samples

After informed consent, peripheral blood samples were obtained from six patients with non-M3 AML at the time of diagnosis. Four patients had M1 and two M2 AML. Peripheral blood mononuclear cells (MNCs) were separated by centrifugation on Ficoll's solution (Nycomed Pharma). After isolation, leukemic blast were more than 90%. Leukemic cells were cryopreserved at  $-80^{\circ}\text{C}$  for 24 h and then in liquid nitrogen in the presence of 50% heat-inactivated foetal bovine serum (FBS, Gibco, Life Technologies), 10% dimethyl sulfoxide (Carlo Erba) and RPMI 1640 (Gibco, Life Technologies).

### Reagents

ATRA was purchased by Sigma Aldrich. It was prepared just before use in 100% ethanol and diluted into RPMI 1640 at the desired concentration. The final concentration of ethanol was less than 0.01% in the samples. All experiments involving ATRA were performed in subdued light, and the tubes and culture plates containing ATRA were covered with aluminium foil. ATRA was stored at  $-20^{\circ}\text{C}$  in the dark.

Arsenic trioxide was purchased from Sigma Aldrich. A stock solution was made with phosphate-buffered saline (PBS) (Gibco, Life Technologies) at concentration of  $10^{-2}$  mol/l.

### Cultures of leukemic cells

For culture experiments, the cells were quickly thawed, washed twice with RPMI 1640 and cultured in RPMI 1640 supplemented with 10% heat-inactivated FBS, 2 mM glutamine (Gibco, Life Technologies), 100 UI/ml each streptomycin and penicillin (Gibco, Life Technologies). The myeloid

blast were quickly thawed and then incubated at  $37^{\circ}\text{C}$  in 5% CO<sub>2</sub> for 24 h and used in short term cultures. Cell viability after thawing was always more than 80%, as assessed by tripan-blue staining (Gibco, Life Technologies).

### Cell proliferation inhibition

The leukemic cells were counted at the start of the experiment and after 24 h and 48 h. The cells were mixed with 2% tripan-blue staining and both total and viable cells were counted in triplicate in a haemocytometer.

## Apoptosis study

### Cell morphology

For morphological observation, the myeloid blasts were centrifuged onto slides by cytospin, stained with May-Grunwald Giemsa and examined under light microscope. Apoptosis is distinguishable from cellular necrosis by a unique series of ultrastructural changes, including chromosomal and cytoplasmic condensation, nuclear fragmentation, membrane blebbing and the formation of membrane-bound apoptotic bodies.

### Terminal deoxynucleotidyltransferase mediated dUTP nick-end labeling (TUNEL) assay

DNA degradation was estimated by labeling DNA strand breaks with terminal deoxynucleotidyltransferase (TdT).

TUNEL assay was performed with the use of the *in situ* Cell Death Detection Kit, AP according to manufacturer's instruction (Roche, Molecular Biochemicals). Fast red tables (Roche, Molecular Biochemicals) were used as the chromogenic substrate. Cells were analysed by fluorescence microscope.

## Cell cycle study

### Immunocytochemical detection of Ki-67

The leukemic cells after 48h of exposure with drugs and the cells from control cultures, were washed with PBS, centrifuged onto slides by cytospin at 4500 r.p.m. for 5 min and air dried. The cells were fixed in acetone for 10 min at  $4^{\circ}\text{C}$  after 18–24 h. The immunocytochemical detection of Ki-67 was performed with the APAAP method [34]; the slides were counterstained with Gill's hematoxylin for 5 min and examined under light microscope.

### Immunocytochemical detection of BrdU

The leukemic cells after 48 h of exposure with drugs as well as controls were pulse labeled for 30 min with 10  $\mu$ M BrdU (Bromodeoxyuridin) (Sigma Chemical) at 37°C in 5% CO<sub>2</sub>; then the cells were washed with PBS, centrifuged onto slides and air dried. After 18–24 h, the cells were then fixed in 70% ethanol for 30 min at 4°C. The immunocytochemical detection of BrdU was performed with the APAAP method. The rabbit mouse antibody (BrdU) was diluted 1:50 in Tris-buffered saline (TBS) 0.05 ml pH 7.6.

### Statistical analysis

All experiments were set up in triplicate, and the results were expressed as the mean  $\pm$  SD of the six samples. Statistical analysis was performed by Bonferroni test, Student's *t*-test and linear regression.

## Results

### Effects of ATRA and As<sub>2</sub>O<sub>3</sub> on growth inhibition

The myeloid blasts were plated in 24-well plate (Nunc) at a density of 1  $\times$  10<sup>-6</sup> cell ml<sup>-1</sup>. After 24 h the leukemic cells were treated with: (1) ATRA and As<sub>2</sub>O<sub>3</sub> alone at various concentrations (10<sup>-5</sup> M, 10<sup>-6</sup> M, 10<sup>-7</sup> M, 10<sup>-8</sup> M, 10<sup>-9</sup> M); (2) with a combination of both drugs at a concentration of 10<sup>-6</sup> M. In the combination studies, the blasts were treated (a) with simultaneous addition of both drugs; (b) with either ATRA or As<sub>2</sub>O<sub>3</sub> for 6 h before the addition of the second drug. In the control cultures, medium diluted ethanol and PBS were utilized instead of ATRA and As<sub>2</sub>O<sub>3</sub> solution.

Experiments with ATRA alone or in combination with As<sub>2</sub>O<sub>3</sub> were performed using a yellow light to avoid photodecomposition of ATRA.

**ATRA and As<sub>2</sub>O<sub>3</sub> alone.** The treatment with the drugs at a concentration of 10<sup>-9</sup> M and 10<sup>-8</sup> M did not have a statistically significant inhibitory effect on cellular growth in comparison with the control (*P*=ns). Utilizing concentrations of ATRA at 10<sup>-7</sup> M, 10<sup>-6</sup> M, 10<sup>-5</sup> M and of As<sub>2</sub>O<sub>3</sub> 10<sup>-6</sup> M, 10<sup>-5</sup> M we observed an important inhibition that was statistically significant (*P* < 0.001), reaching the 80% with the concentration of 10<sup>-5</sup> M after 48 h. Statistical analysis showed that the inhibition of proliferation is time (*r*<sup>2</sup>  $\geq$  0.90; *P* < 0.001) and dose dependent (*P* < 0.001). The results of the experiments are reported in Figure 1a,b.

**Combination treatments.** Simultaneous and the sequential treatment either with ATRA or As<sub>2</sub>O<sub>3</sub>

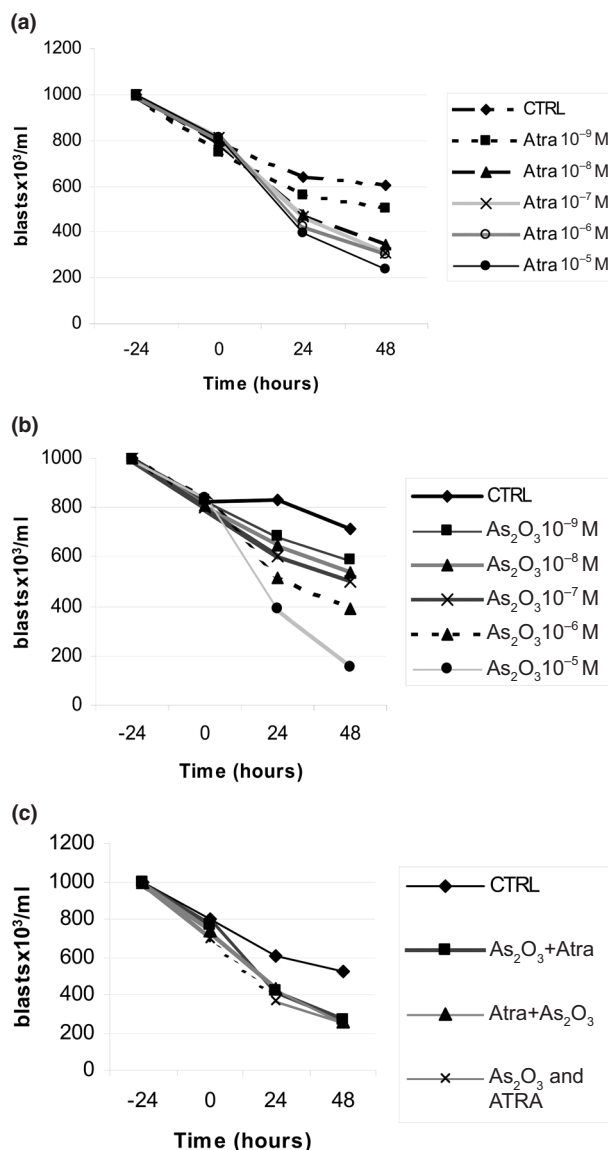


Figure 1. Inhibitory effect on cellular proliferation of ATRA (a), As<sub>2</sub>O<sub>3</sub> (b) at various concentrations and in combination at the concentration of 10<sup>-6</sup> M (c). Results are expressed as mean of six experiments performed in triplicate. SD is not reported. CTRL: control; As<sub>2</sub>O<sub>3</sub> + ATRA, ATRA + As<sub>2</sub>O<sub>3</sub>: addition of the second drugs after 6 h; As<sub>2</sub>O<sub>3</sub> and ATRA: simultaneous addition.

followed 6 h later by As<sub>2</sub>O<sub>3</sub> or ATRA at concentration of 10<sup>-6</sup> M, showed after 48 h of exposition, a percentage of inhibition similar to that obtained with single drugs at the same dose (*P*=ns). Thus, we did not observe additive or synergistic effect between the two drugs. The results of the experiments are reported in Figure 1c.

### Effects of ATRA and As<sub>2</sub>O<sub>3</sub> on apoptosis

Leukemic blasts were exposed to single drugs and combinations for 48 h and then were centrifuged onto slides by cytopsin. Apoptotic cells were defined

by apoptotic morphology and by typical labeling with fluorescent antibodies. On each slide, 200–400 cells were counted under light or fluorescent microscope and the percentage of apoptotic cells of the total cells number was calculated.

#### Morphological analysis by May-Grunwald Giemsa staining

In the controls, spontaneous apoptosis varied from 20–30%. Both drugs and combinations determined an increase of apoptotic cells.

Statistically significant differences were observed only with ATRA and  $As_2O_3$  at concentrations of  $10^{-6}$  M and  $10^{-5}$  M ( $P < 0.001$ ). Because these results are similar to those obtained by TUNEL method, the percentage of apoptotic cells observed after May-Grunwald Giemsa staining are not reported

#### Morphological analysis by TUNEL

We have utilized the TUNEL method that consists of attaching the fluorescein isothiocyanate-conjugated dUTP to DNA fragments by TdT enzyme.

**ATRA and  $As_2O_3$  alone.** The treatment with the drugs at the concentration of  $10^{-9}$  M did not have a significant effect ( $P = ns$ ) on the apoptosis in comparison with the controls.

The percentage of apoptotic blasts after treatment with ATRA and  $As_2O_3$  alone at  $10^{-6}$  M was 47 and 54%, respectively; at  $10^{-5}$  M the percentage was 80 and 90%, respectively, (Figure 2a,b). Statistical differences in comparison with controls were highly statistically significant ( $P < 0.001$ ).

**ATRA and  $As_2O_3$  in combination.** Simultaneous and sequential treatment with ATRA or  $As_2O_3$  followed 6 h later by  $As_2O_3$  or ATRA at concentration of  $10^{-6}$  M, showed a percentage of apoptotic cells similar to that obtained with single drugs at the same concentration ( $P = ns$ ). Thus, we did not observe additive or synergistic effect between the two drugs (Figure 2c).

#### Effects of ATRA and $As_2O_3$ on cell cycle

The effects of ATRA and  $As_2O_3$  alone and in combination on the cell cycle were investigated by expression of cell cycle related protein Ki-67 and by incorporation of BrdU. The analysis of the cellular cycle has been made after 24 and 48 h of treatments. After 24 h, the reduction of positive cells in comparison with controls was minimal ( $P = ns$ ) and

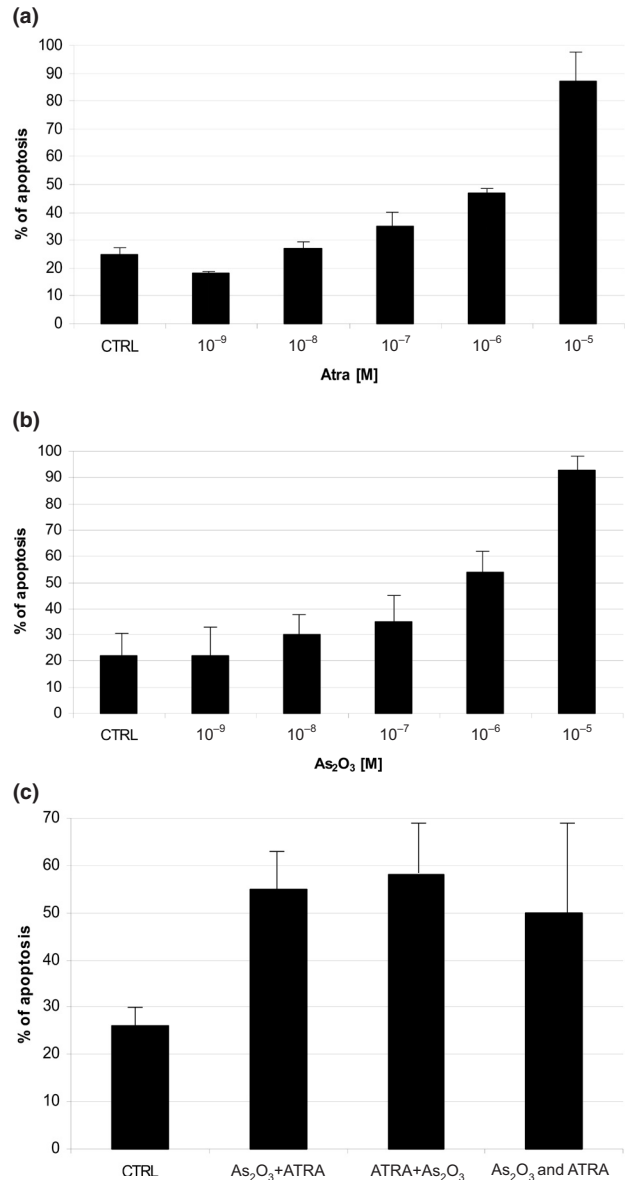


Figure 2. Percentage of apoptotic cells evaluated with TUNEL assay of ATRA (a),  $As_2O_3$  (b) at various concentrations and in combination at concentration of  $10^{-6}$  M (c). Results are expressed as mean  $\pm$  SD of six experiments performed in triplicate. CTRL: control;  $As_2O_3$  + ATRA, ATRA +  $As_2O_3$ : addition of the second drugs after 6 h;  $As_2O_3$  and ATRA: simultaneous addition.

the data are not reported. After 48 h, a statistically significant decrease ( $P < 0.001$ ) in the percentage of both Ki-67 positive cells and S-phase cells was observed in all the samples analyzed treated with ATRA and  $As_2O_3$  at concentration of  $10^{-7}$  M,  $10^{-6}$  M and  $10^{-5}$  M (Figure 3a,b).

The results with combinations of drugs showed a percentage of positive cells similar to that obtained with single drugs at the same concentration ( $P = ns$ ). Thus we did not observe additive or synergistic effect between the two drugs (Figure 3c).

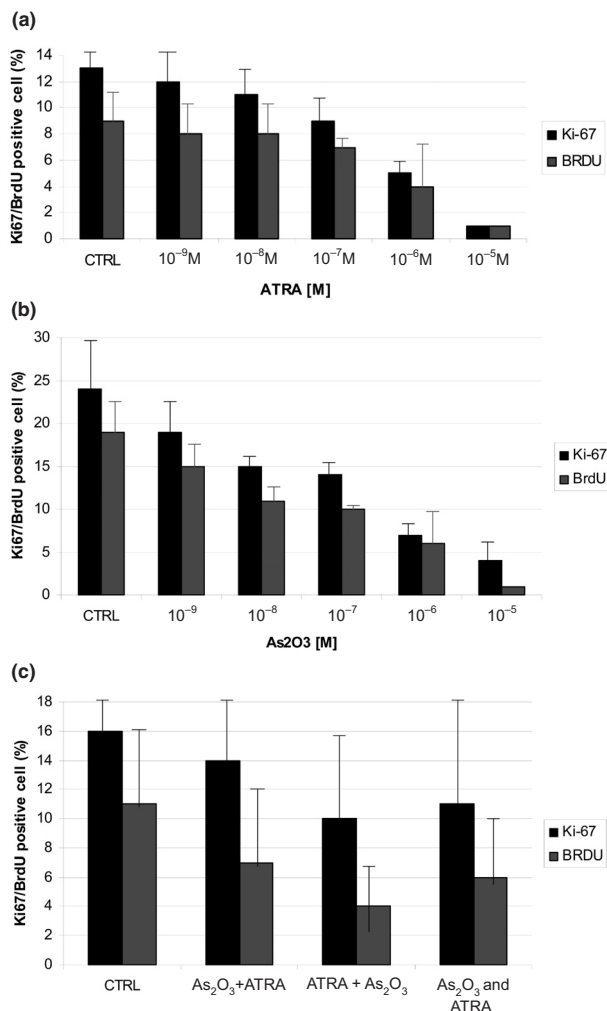


Figure 3. Percentage of Ki-67 and BrdU positive cells after 48 h of treatment with ATRA (a), As<sub>2</sub>O<sub>3</sub> (b) at various concentrations and in combination at the concentration of 10<sup>-6</sup> M (c). Results are expressed as mean ± SD of four experiments performed in triplicate. ■ Ki-67, ■ BrdU. CTRL: control; As<sub>2</sub>O<sub>3</sub>+Atra, Atra+As<sub>2</sub>O<sub>3</sub>: addition of the second drugs after 6 h; As<sub>2</sub>O<sub>3</sub> and Atra: simultaneous addition.

## Discussion

Acute myeloid leukemia is a neoplastic pathology characterized from an uncontrolled cellular proliferation. In basic and clinical cancer research one of the most important goals is to identify treatments able to reduce cancer cell growth.

It is known that anticancer drugs work mostly by inducing apoptosis in target cells or by inducing them to differentiate. ATRA was first introduced to clinical use for the treatment of APL and now its effects are well known. The drug acts by induction of differentiation and apoptosis. Some clinical trials with ATRA associated with chemotherapeutic agents in AML patients showed conflicting results in terms of

efficacy [35,36] and an increased toxicity, when associated with Interferon-alpha for treating Chronic Myeloid Leukemia patients [37].

Recently, As<sub>2</sub>O<sub>3</sub> was shown to induce complete remission in a high percentage of patients with APL in relapse after treatment with ATRA and chemotherapy [18,20,21]. ATRA and As<sub>2</sub>O<sub>3</sub> exert antitumoral effects in other malignancies than APL and inhibit cell growth in different cell lines [9–14,26–30]. In NB4 cell line, ATRA and As<sub>2</sub>O<sub>3</sub> synergize for induction of differentiation and apoptosis and that cell resistant to one agent are sensitive to the other [33].

Until now, there have been few reports [14–17,31] about the effect of ATRA and As<sub>2</sub>O<sub>3</sub> on leukemic cells derived from non-M3 AML patients. Therefore, the aim of the study was to evaluate, *in vitro*, the biologic effects of ATRA and As<sub>2</sub>O<sub>3</sub> alone and variously combined on myeloid blast from non-M3 AML patients.

In the present study, we demonstrated that either ATRA or As<sub>2</sub>O<sub>3</sub> inhibit leukemic cells proliferation by induction of apoptosis, although the specific apoptotic pathway is not yet clear. Increased apoptosis could be determined by down-regulation of bcl-2 [6], that is over expressed in leukemic blasts [38,39]. Other observed mechanisms by which ATRA and As<sub>2</sub>O<sub>3</sub> may induce apoptosis are JNK activation [40], cell cycle arrest [41,42] and expression of TRAIL (tumor necrosis factor related apoptosis-inducing ligand) [43]. These effects are dependent on exposure time and drug concentrations. ATRA and As<sub>2</sub>O<sub>3</sub> at the 10<sup>-5</sup> M induced more than 80% morphological apoptosis after 48 h of incubation. This concentration might be too toxic if applied *in vivo* [44] and cause also suppression of normal myeloid hematopoiesis. Concentration of 10<sup>-6</sup> M maintain strong effect on apoptosis induction while being clinically obtainable and tolerable [18,45]. Smaller concentration (10<sup>-9</sup> M) can also cause an inhibition of proliferation and apoptotic cell death, but required a longer exposure [17]. ATRA and As<sub>2</sub>O<sub>3</sub> synergistic apoptotic effect has been observed either in primary APL cell or NB4 cell starting from 60 h of drug exposure [46]. We did not observe additive or synergistic effect in inducing growth inhibition or apoptosis with the combination of the drugs but we determined the percentage of apoptosis only after 24 and 48 h.

Further, our results showed that these drugs have effects on cell cycle distribution, reducing S-phase and proliferating cells. This implies that these drugs are able to arrest leukemic cells in earlier cell cycle phase. Thus, ATRA or As<sub>2</sub>O<sub>3</sub> cause growth inhibition by induction of apoptosis and/or by determining specific change in cell cycle progression.

These results should be taken in to account when preparing future laboratory and clinical experimental protocols that associate these drugs with antineoplastic agents with different cell cycle specificity.

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